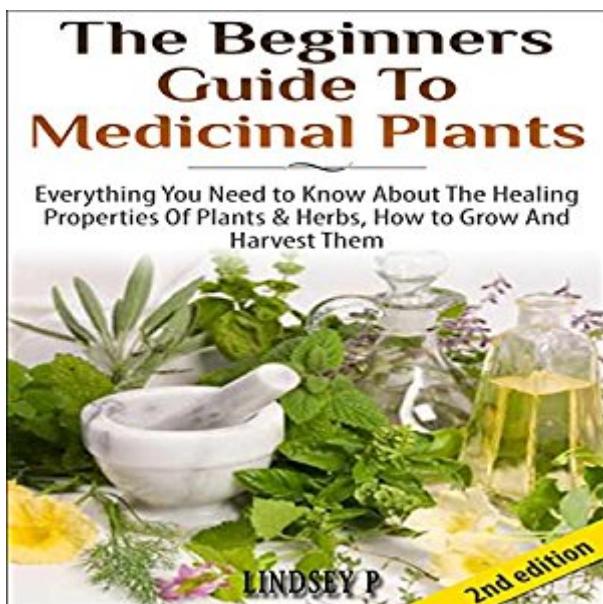


The book was found

The Beginner's Guide To Medicinal Plants: Everything You Need To Know About The Healing Properties Of Plants & Herbs, How To Grow And Harvest Them



Synopsis

Growing medicinal plants and herbs indoors is a popular hobby for a lot of gardeners. One of the greatest reasons to plant medicinal plants indoors is to have a ready supply of these beneficial herbs. These herbs are those that you commonly snip into your sauces and soups. They can also be used to soothe an itchy rash or a cough. Growing medicinal herbs may not sound very appealing; however, you can benefit from growing these plants that can provide instant relief for many illnesses that can happen anytime of the day. So what kind of medicinal plants should you grow? This book features a list of different herbs and medicinal plants that you can grow at home. The list is just a good starting point for easy-to-find and easy-to-grow herbs. The same plants that you can use in cooking daily may also be used as teas, salves, washes, and tinctures. You can also make cough syrup and cough drops with the very same herbal plants that you grow in the comfort of your own home. No matter how you thoroughly care for your medicinal plants, in the long run they will have to be replaced. If this should happen during the colder days, you will have to take into account the growing time before they will be big enough for harvest.

Book Information

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Customer Reviews

This great book contains steps and strategies on how to successfully grow medicinal plants and herbs at your own home. I also learn from this book about some of the mistakes when putting up a medicinal garden at home and how to avoid it. Also featured in this book are some of the best types of medicinal plants to grow at home. It's very helpful and worth to buy.

Great book! Very well written and gives great breakdowns on what each plant can help you accomplish medicinally. I chose fenugreek as my 1st plant to help with breastfeeding. It didn't seem to be growing right and as I read through the book I discovered that I was over watering it. I should be able to harvest my 1st crop in just a few more weeks! Then I will encapsulate it and take it as a daily supplement. It's great knowing what is going in your body!

I haven't had the opportunity to actually try a lot of the ideas in this book but it is a great reference. There is value in this information and I'm excited to try some of the ideas offered.

Thought this would be good. Not very much. Mainly just costs and how to get started. Wanting something really thorough. It was decent but could be better. Have another book that gives more detail about each plant and how to use them but lacks on the variety of plants thought this would give a little more on the plant side, was wrong. This is a get started book with just a list of plants with another list of what it treats. No how to make it or what they look like. No pictures for identification.

Very informative AND HELPFUL some good natural remedies!! But always check with your Doctor first if you take prescription medicines.

Received this by mistake, and what a mistake it was. The grammar was atrocious. It's like someone who doesn't speak the language tried to write a book and didn't even bother to get it edited by a native speaker. Seriously, was this printed in someone's garage? A poorly written \$20 pamphlet.

This book is a great read for those beginning to grow their own herbs. Actually, it's a great book to get started on growing other plants such as veggies as well. It gives great pointers on soil care, aphids, harvesting, and points out several common problems that are easily overlooked by novice growers.

Very generalized information and very poorly written. A basic attempt at proofreading would greatly improve this brochure. The content was very vague - some plants need sun, some need shade. Please elaborate - which needs what?

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